

SDG3: Good Health and well-being

Collaboration and Services

- The Arab Open University collaborates with local, national, and international health institutions to improve health and well-being outcomes

[- visit 57357](#)

[- Egyptian Red Crescent visit](#)

[- Baheya Hospital visit](#)

- The university conducts awareness programs and community outreach initiatives, including student volunteer programs, to enhance health and well-being. These initiatives address topics such as hygiene, nutrition, family planning, sports and exercise, healthy aging, and other related areas.

[Community responsibility initiatives – visit to "Omni E Habiba" elderly care home](#)

[- Bowling championship activities](#)

[- Egypt Individual Bowling Cup](#)

[- Egyptian Universities Judo Championship](#)

[- Seminar on waste recycling to protect the environment](#)

[Participation in the International Conference for Sports Culture](#)

- The Arab Open University ensures student access to reproductive health care services, and education.

[- Student support services](#)

[- Support students with disabilities](#)

[- Safeguarding Policy](#)

[\(More Information \)](#)

- AOU provides students to access counseling unit

[Student support services](#)

- The Arab Open University enforces a smoke-free campus policy

[Environmental Sustainability Policy](#)

- The university offers employees benefits from counseling unit and provides medical insurance for them and their families.

Staff Support programs

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The Internal Regulations for Arab Open University Employees

Approved by University Council No. 64

July 11, 2018

AOU-VPAASR-AC-09(01)
The Arab Open University internal regulations for Staff -2018

Article 44: Health Insurance

The University provides health insurance for all staff, in accordance with ***the Medical Insurance Regulations for Staff at the Arab Open University.***