

SDG3: Good Health and well-being

Collaboration and Services

- The Arab Open University collaborates with local, national, and international health institutions to improve health and well-being outcomes
- [visit 57357](#)
- [Egyptian Red Crescent visit](#)
- [Baheya Hospital visit](#)
- The university conducts awareness programs and community outreach initiatives, including student volunteer programs, to enhance health and well-being. These initiatives address topics such as hygiene, nutrition, family planning, sports and exercise, healthy aging, and other related areas
- [Community responsibility initiatives – visit to "Ommi E Habiba" elderly care home](#)
 - [Bowling championship activities](#)
 - [Egypt Individual Bowling Cup](#)
 - [Egyptian Universities Judo Championship](#)
 - [Seminar on waste recycling to protect the environment](#)
 - [Participation in the International Conference for Sports Culture](#)
- The Arab Open University ensures student access to reproductive health care services, and education
 - [Student support services](#)
 - [Support students with disabilities](#)
 - [Safeguarding Policy](#)
 - [\(More Information \)](#)
- Arab Open University provides students to access Counseling Unit
- [Student support services](#)

- The Arab Open University enforces a smoke-free campus policy

[Environmental Sustainability Policy](#)



- The university offers employees benefits from the Counseling Unit and provides medical insurance for them and their families. And also has internal regulations for AOU Employees (Approved by University Council No. 64)



**The Internal Regulations for Arab Open University
Employees**

Approved by University Council No. 64

July 11, 2018

AOU-VPAASR-AC-09(01)
The Arab Open University internal regulations for Staff - 2018

Article 44: Health Insurance

The University provides health insurance for all staff, in accordance with ***the Medical Insurance Regulations for Staff at the Arab Open University.***