## SDG3: Good Health and well-being

Environmental Sustainability Policy at the Arab Open University
 (Click Here)

## Collaboration and Services

The Arab Open University collaborates with local, national, and international health institutions to improve health and well-being outcomes

- Visit to the Egyptian Red Crescent

<u>Awareness campaign for burn prevention and blood donation for</u>
<u>Ahl Masr Hospital</u>

<u>Hosting Al-Sondos Orphanage and Emaar Baldna Home for Orphans</u>

Blood donation campaign in collaboration with the Egyptian Red Crescent

- Visit to 57357 Hospital
- Food donation campaign with the Egyptian Food Bank
- The university conducts awareness programs and community outreach initiatives, including student volunteer programs, to enhance health and well-being. These initiatives address topics such as hygiene, nutrition, family planning, sports and exercise, healthy aging, and other related areas.
  - -Sports Activity -Handball
  - Sports Activity -Chess Championship
  - Sports Activity -Football

- The Arab Open University ensures student access to reproductive health care services, and education.
  - Student support services
  - Support students with disabilities
  - Safeguarding Policy

(More Information)

- Seminar on Improving Women's Health
- Community Conference in the Medical Field
- AOU provides students to access counseling unit
  - -Student support services
  - Awareness Lecture on Mental Health
- The Arab Open University enforces a smoke-free campus policy.
  - -Environmental Sustainability Policy
- The university offers employees benefits from counseling unit and provides medical insurance for them and their families.
  - Staff Support programs



The Internal Regulations for Arab Open University
Employees

Approved by University Council No. 64

July 11, 2018