

SDG3: Good Health and well-being

- Environmental Sustainability Policy at the Arab Open University
[\(Click Here\)](#)

Collaboration and Services

- The Arab Open University collaborates with local, national, and international health institutions to improve health and well-being outcomes
 - [Visit to the Egyptian Red Crescent](#)
 - [Awareness campaign for burn prevention and blood donation for Ahl Masr Hospital](#)
 - [Hosting Al-Sondos Orphanage and Emaar Baldna Home for Orphans](#)
 - [Blood donation campaign in collaboration with the Egyptian Red Crescent](#)
 - [Visit to 57357 Hospital](#)
 - [Food donation campaign with the Egyptian Food Bank](#)
- The university conducts awareness programs and community outreach initiatives, including student volunteer programs, to enhance health and well-being. These initiatives address topics such as hygiene, nutrition, family planning, sports and exercise, healthy aging, and other related areas.
 - [Sports Activity -Handball](#)
 - [Sports Activity -Chess Championship](#)
 - [Sports Activity -Football](#)

- The Arab Open University ensures student access to reproductive health care services, and education.
- [Student support services](#)
- [Support students with disabilities](#)
- [Safeguarding Policy \(More Information \)](#)
- [Seminar on Improving Women's Health](#)
- [Community Conference in the Medical Field](#)
- AOU provides students to access Counseling Unit
- [Student support services](#)
- [Awareness Lecture on Mental Health](#)

- The Arab Open University enforces a smoke-free campus policy

-Environmental Sustainability Policy



- The university offers employees benefits from the Counseling Unit and provides medical insurance for them and their families. And also has internal regulations for AOU Employees (Approved by University Council No. 64)



**The Internal Regulations for Arab Open University
Employees**

Approved by University Council No. 64

July 11, 2018

AOU-VPAASR-AC-09(01)
The Arab Open University Internal regulations for Staff -2018

Article 44: Health Insurance

The University provides health insurance for all staff, in accordance with ***the Medical Insurance Regulations for Staff at the Arab Open University.***